



**Sedgwick County Sheriff's Office**

# 2024 Wellness Conference & Supervisor Training

## Local & National Speakers

**0800 - 0815: Opening Remarks**

Jeff Easter | Sedgwick County Sheriff

**00815 - 0900: Wellness Unit Update**

Wendy Hummell | SCSO Health & Wellness Manager

**0900 - 1130: Leading with Emotional Intelligence**

Dabria VanGieson, LCMFT, RPT | SCSO Therapist

**1130—1300: Lunch on your own**

**1300 - 1700: Trauma, PTSD & Suicide Awareness**

Timothy S. Whitcomb | Cattaraugus Co. Sheriff

## When

September 25 OR 26, 2024

8:00 AM to 5:00 PM

## Where

WSU Hughes Metroplex  
5015 E. 29th St. N.

Wichita, KS 67220

## Cost

This conference is free of charge.

## Sponsor

Sedgwick Co. Sheriff's Office

Drinks & Snacks Provided

Lunch on your own

## Register

To register, email: [sheriffwellnessunit@sedgwick.gov](mailto:sheriffwellnessunit@sedgwick.gov)

Please include "Wellness Conference 2024" in the subject line.

You may register multiple individuals in your email.

Include name and email address for each person attending.

Please ensure to bring your dept ID / credentials for check-in.



Wendy is the Health and Wellness Manager for the Sedgwick Co. Sheriff's Office. She retired from the Wichita Police Department in 2019 at the

rank of Detective and spent a majority of her career working in the Persons Crimes Division working gang/felony assaults, sex-crimes, and homicide cases. She holds both a Bachelors and Masters Degree in Criminal Justice.

Wendy had dedicated the last decade of her career to First Responder wellness. She is committed to sharing wellness tools and resources to agency members and their family. She has helped to implement a holistic wellness program at the Sheriff's Office to include mental, emotional, physical, social, financial, and spiritual resources. Wendy manages the agency peer support team and oversees the wellness unit. She will provide an update on available programs, resources, and share data with attendees.

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**Wendy S. Hummell**  
**SCSO Health & Wellness Unit Manager**



Dabria is the in-house therapist for the Sedgwick Co. Sheriff's Office. She is culturally competent and has worked very closely with the Sheriff's Office for many years now.

Dabria is a Licensed Clinical Marriage and Family Therapist as well as a Registered Play Therapist.

She has been working in mental health for over 18 years. Prior to coming to the Sedgwick County Sheriff's Office, Dabria worked for *empac eap* from 2015 to 2023. Prior to *empac* she provided therapeutic services to children, teenagers, and young adults being housed at inpatient psychiatric residential treatment facilities. Dabria currently specializes in working with first responders and is skilled at providing crisis debriefings. She has a passion for training on mental health-related topics and enjoys working with individuals who are struggling with grief, anxiety, trauma, and life transitions.

Dabria will present on emotional intelligence and how utilizing awareness and regulation of emotion combined with interpersonal and conflict resolution skills creates more effective leaders and healthier employees.

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# **Dabria Vangieson, LCMFT, RPT** **SCSO Therapist**



Sheriff Whitcomb has been in the Law Enforcement field for 24 years. He is a former Adjunct Professor of Criminal Justice for Jamestown Community College and St. Bonaventure University. Presently, he instructs through local academies and

the NYS Division of Criminal Justice Services.

He possesses a Masters in Counseling Education and is a certified police instructor in the areas of Interview and Interrogation, Basic and Advanced Juvenile Officer Training, Investigation of Sex Crimes and Law Enforcement Response to School Violence.

Sheriff Whitcomb's other accomplishments include graduating in the 206th Session of the FBI's National Academy and specialized trainings including Crisis Negotiation, Death Scene Management, and SWAT Team fitness.

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**\*This workshop is recommended for a professionally based audience only\***

**Timothy S. Whitcomb**  
**Cattaraugus County Sheriff**