

WHY HORSES

YOU CANNOT MAKE THEM



THEY HAVE TO WANT TO



THIS IS THE MINDSET



EaITC LLC

Equine assisted learning Training
Center

Lone Pine Stables

14410 E. 47th St. S Derby, Kansas 67037

NEXT CLASS

July 19, 2023

August 16, 2023

September 20, 2023

This is a one-day class
offered multiple times.

Class cost \$125.00.

Payment by, invoice your agency, credit or
debit.

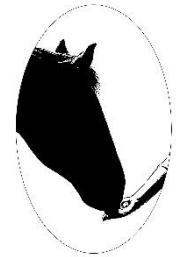
De-Escalating

YOUR

ADRENALINE



Self-Control, Awareness, and Resilience



S. C. A. R Training

Training for chaos

When do you think about your adrenaline? Traditional scenario training or roll playing does not create the conscious mindset of self-preservation.



<https://www.ocregister.com/wp->

Training the brain to stay balanced between the mindset, conscious and subconscious is key during stressful or critical situations. In the classroom officers learn and practice different methods of de-stressing and de-escalating for stressful situations. The one thing missing in the classroom is a conscious concern for one's safety. This mindset needs to be consciously engaged to focus on self-control and emotional awareness to prevent adrenaline overload. It is the connection between the mindset and the conscious that keeps the subconscious from creating adrenaline overload. While working with horses on the ground, officers practice and develop internal de-escalation techniques before, during, and after stressful events.



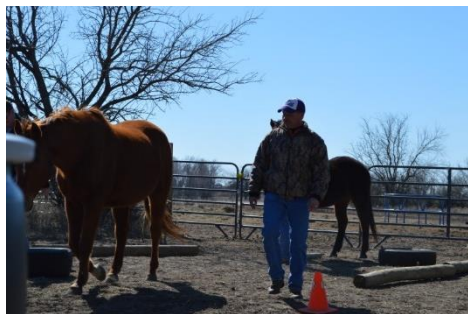
Equine Assisted Learning (EAL) engages the mindset, conscious and subconscious to work together to prevent adrenaline overload. Horses create the unpredictable part of a stressful event. When people make the emotional and physical changes, the horses will make the same changes. It is the interaction between horses and humans that facilitates self-control, awareness, and resilience for a better outcome at work and home.

Interacting with different horses through a scenario timeline is how you practice recognizing and monitoring your adrenaline and emotions. Cognitive skills to achieve self-control and awareness increase critical thinking for appropriate use of force.

Training Objectives

Develop self-awareness skills to monitor and control adrenaline levels.
Maintain a balanced between the mindset, conscious, and subconscious.
Improve on internal de-escalating techniques at work and home.

Cost \$125.00 pay by credit, debit, or agency invoice. Email Donna Marotta at ealcdm@yahoo.com or call 316-641-4403 visit www.ealcdm.com



Certified By



Taking your training to a new level