



Association of CMHC's of  
Kansas, Inc.

# suicide prevention



## ASIST

### Applied Suicide Intervention Skills Training

Presented by  
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### Goals & Objectives

During the two-day workshop, ASIST participants learn to:

- Understand the ways personal and societal attitudes affect views on suicide and interventions.
- Provide guidance and suicide first-aid to a person at risk in ways that meet their individual safety needs.
- Identify the key elements of an effective suicide safety plan and the actions required to implement it.
- Appreciate the value of improving and integrating suicide prevention resources in the community at large.
- Recognize other important aspects of suicide prevention including life-promotion and self-care.



### About the Training

ASIST is a two-day interactive workshop in suicide first-aid. ASIST teaches participants to recognize when someone may be at risk of suicide and work with them to create a plan that will support their immediate safety. Although ASIST is widely used by healthcare providers, participants don't need any formal training to attend the workshop—ASIST can be learned and used by anyone.

### Event Details



August 4<sup>th</sup> & 5<sup>th</sup>  
8AM-5PM



Central KS Mental Health  
Center 809 Elmhurst  
Salina KS 67401



Free - Maximum 30  
participants

To Register: Email ([training@acmhck.org](mailto:training@acmhck.org))