

# GARDEN CITY POLICE DEPARTMENT

Invites you to attend our upcoming training:



# STRATEGIC HEALTH FOR LAW ENFORCEMENT

June 6 2022 8am- 5pm | June 7, 2022 8am- 12pm

LED BY VETERAN OFFICERS

## Strengthen Police Performance

Participants in this law enforcement-specific course learn the subtle yet severe stressors present in police work that lead to behavioral dysfunction. They are given resiliency strategies, tactics, and information to combat the negative effects of short and long term job-related stress.

Participants will gain increased awareness and tools to improve their mental, physical and financial health and to support their career longevity and productivity.

**The course instructors are veteran police officers who offer holistic, proven methods and are passionate about improving the lives of their colleagues.**

*"This class should be required of 2+ year cops. Very relevant information that could potentially save someone's life, marriage, and career."*  
**Justin  
Lenexa, KS**

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**Training Location:  
Garden City Police Department  
304 N 9th St  
Garden City, KS 67846**

FOR MORE INFO: 717-572-6756

OR EMAIL AARON AT: AARON@COBALTPROTRAINING.COM

**REGISTER NOW ONLINE: CobaltProTraining.com**

**Tuition: \$300**